

# **The 8U Age Group (Grades 1-2)**

This is the age where players can begin to understand the concept of working with a teammate. The notion, or willingness, to intentionally pass the ball to someone is just beginning to take hold. Coaches and parents will have more success encouraging players to pass the ball in the seven to eight year old age group. In this age group, the player begins to think beyond their personal needs and actively begins to cooperate with a teammate. However, players in this age group must continue individual ball work.

## **Role of Coach**

The role of the coach in the 8U age group is to be a sensitive and patient teacher with an enthusiastic and imaginative approach. It is helpful if they have the ability to demonstrate and very important that they understand technique.

## **License Recommendations**

The F License is recommended. The National Youth License is recommended.